How to order from Tuckshop

The Tuckshop runs on a bag system. Please use separate bags for hot and cold orders and for each break. Clearly label bags with:-

- 1st or 2nd break
- hot or cold
- your child’s name and class
- food order

Please refrain from using staples and sticky tape. If possible, please try to include the correct change. Bags can be purchased at the tuckshop for 10c each. Orders must be in no later than 8:45am.

<table>
<thead>
<tr>
<th>1st BREAK</th>
<th>HOT</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOLLY DOOKER</td>
<td>5 WIRAKE</td>
</tr>
<tr>
<td>Sausage rolls</td>
<td>$2-60</td>
</tr>
<tr>
<td>Tomato sauce</td>
<td>-40</td>
</tr>
<tr>
<td>Total</td>
<td>$3-00</td>
</tr>
<tr>
<td>Enclosed</td>
<td>$4-00</td>
</tr>
<tr>
<td>Change</td>
<td>$1-00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>1st BREAK</th>
<th>COLD</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOLLY DOOKER</td>
<td>5 WIRAKE</td>
</tr>
<tr>
<td>Apple juice</td>
<td>$2-00</td>
</tr>
<tr>
<td>Home baking</td>
<td>$1-50</td>
</tr>
<tr>
<td>Total</td>
<td>$3-50</td>
</tr>
<tr>
<td>Enclosed</td>
<td>$3-50</td>
</tr>
<tr>
<td>Change</td>
<td>NIL</td>
</tr>
</tbody>
</table>

Healthy eating

This menu has been developed in line with Smart Choices.

😊 Green – healthy choice
😊 Amber – eat in moderation

Volunteers

The Tuckshop runs with the support of volunteers so if you are able to help out please contact me Rosetta Di Mauro Tuckshop Convenor on 0419 701 210 or email rosettadimauro@bigpond.com

Tuckshop Menu

2nd Term 2016

Years 1 – 6

Tuckshop open Tuesday & Thursday
Starting Tuesday 12th April 2016

Sandwiches
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegemite</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cheese</td>
<td>$3.00</td>
</tr>
<tr>
<td>Egg and lettuce</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham, chicken or tuna</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham and cheese</td>
<td>$3.30</td>
</tr>
<tr>
<td>Ham, cheese and tomato</td>
<td>$3.50</td>
</tr>
<tr>
<td>Salad (lettuce, tomato, cucumber, carrot and cheese)</td>
<td>$3.50</td>
</tr>
<tr>
<td>Salad with ham, tuna or chicken</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

**Extras:**
- Bread roll or wrap: $0.90
- Avocado: $0.80

**Salads**
- Queensland salad bowl (lettuce, tomato, cucumber, carrot, cheese, avocado & hard boiled egg): $5.60
  Add chicken, ham or tuna: $1.00

**Hot Food**
- Mac & Cheese: $3.40
- Bolognese pasta (not gluten free): $3.40
- Lasagne: $3.40
- Hot dog (tomato or BBQ sauce): $3.10
- Hot dog (tomato sauce and cheese): $3.40
- Beef traveller pie: $3.50
- 2 lite mini sausage rolls: $2.60
- 2 lite mini pies: $2.60
- Garlic bread: $1.50
- Sauce sachet (tomato or BBQ): $0.40

**Snacks**
- Hard boiled egg: $0.80
- Cheese and crackers: $2.00
- Lucky Dip home baking: $1.50
- Carrot sticks: $2.00
- Fresh fruit (apple or orange): $1.50
- 4 crackers with butter and vegemite: $2.00

**Drinks**
- Water - small: $1.50
- Water - large: $2.00
- Milk (chocolate, vanilla or strawberry): $2.00
- Juice (apple, orange or apple blackcurrant): $2.00
- Quench (carbonated water): $2.10
- Ice Tea: $2.00

**Over the counter sales**
- Licorice (1): $0.25
- Licorice (2): $0.50
- Sunfruit Faces (99% juice) (4): $0.20
- Sunfruit Faces (99% juice) (6): $0.30
- Sunfruit Faces (99% juice) (8): $0.40
- Sunfruit Faces (99% juice) (10): $0.60
- Chips (salt or honey soy chicken): $1.30
- Fruity Ice: $0.50
- Quelches (99% juice): $0.70
- Frozen yoghurt tubes: $0.60
- Calippo: $0.80
- Lemonade Ice Twist: $1.20
- Vanilla Cup: $1.50
- Paddle Pops: $1.60
- Frozen Yoghurt: $2.00
- Slushy (99% juice): $2.20

**Gluten free**
- Nuggets (6 per serve): $3.50

**Sushi**

Ordering by bag only – available from Week 2 of Term 2 – orders need to be placed by 2pm Tuesday for Thursday

- Teriyaki Chicken, Teriyaki Beef or Tuna & Avocado: $3.00