

SOAP TREE OR RED ASH

(*Alphitonia excelsa*)



FUN FACTS

- 🍃 The crushed leaves can be lathered to produce a bush soap that cleanses and disinfects skin.
- 🍃 Crushed leaves and berries were used to stun fish that were trapped in small ponds.
- 🍃 Young leaf tips were chewed for an upset stomach
- 🍃 A decoction of bark and roots rubbed on the body as liniment for muscular pains or used as a gargle to relieve toothache. Leaves were used to treat sore eyes and headaches. Leaves or underground roots used to apply to bites and stings of snakes, stingrays and insects.